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More food from your garden by Jacob R Mittleider

Crops such as broccoli, Brussels sprouts, cabbage, collards, kale, onions, radishes, turnip greens and spinach can tolerate a light frost as well. After a light frost, cover your crops with straw...

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5.0 out of 5 stars More Food From Your Garden Does The Job. Reviewed in the United States on March 19, 2001. This book uses very interesting graphic illustrations to show how to build containers and grow an excellent garden in virtually any space you might have available.

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## Mittleider Grow Box

Mittleider Grow-Box Gardens (aka More Food From Your ...

Additional Physical Format: Online version: Mittleider, Jacob R. More food from your garden. Santa Barbara, Calif. : Woodbridge Press, [1975] (OCoLC)733973573

More food from your garden (Book, 1975) [WorldCat.org]

Jacob Mittleider gardening method. Free vegetable gardening tips, advice and techniques by Jacob Mittleider. Vegetable gardening books, CD's and videos to produce the best organic gardens; and even better than most, because you give your plants exactly what they need, using natural mineral nutrients that guarantee healthy plants, while caring for the environment.

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Growfood.com » More Food From Your Garden aka Mittleider ...

J.R. Mittleider is not new nor is "More Food from your Garden." "More Food" was published in 1975 but I just recently stumbled on this valuable resource and ordered it though Amazon. For those who have struggled to get their vegetable garden to produce a bounty, this little book could become your Garden Bible.

Amazon.com: Customer reviews: More Food from Your Garden

Starting a vegetable garden can be expensive, but it doesn't have to be. Here are some no-cost ways to boost yields in your garden. Some will even save you money.

7 No-Cost Ways to Grow More Food From Your Garden

More food from your garden. [Jacob R

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More food from your garden (Book, 1982)  
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Some foods are delicious and some are nutritious. Many are both, and it ' s these that we ' re going to take a look at today. For your survival garden, there are some foods that should be a priority due to their nutritional value and the amount of space that you need to grow them in, so let ' s get started!

The Top 9 Most Nutritious Food For  
Your Survival Garden ...

5 Easy Ways to Feed Your Garden and



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Grow More Food. ... Compost – Yes I ALWAYS include composting, because it is THE best way to feed your garden and it ' s a great soil conditioner. It ' s cheap, easy and a quick way to add life to your garden. Your plants will love you for adding compost!

## 5 Easy Ways to Feed Your Garden and Grow More Food

Use companion planting to grow plants under other plants or trees to grow additional crops and increasing your yield. Plant carrots under tomatoes, radishes or beets under cucumbers, pole beans with potatoes or radishes, grow garlic, onions, and herbs under trees to maximize your harvest and space.

## Small Garden Ideas - 10 Tips to Grow More Food in Less Space

Add dwarf fruit trees — apples, pears,

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peaches, oranges, whatever grows in your region. Plant fruiting shrubs like blueberries, raspberries, or hazelnuts.

Tuck in small fruits like strawberries and groundcover raspberries. Add herbs like lemon balm, oregano, thyme, rosemary, and mint.

## 9 Ways to Grow More Food in a Small Garden | HealthyGreenSavvy

Plant squash, bean and cucumber varieties that vine (not bush varieties). Plant these on a trellis (in the case of cukes and squashes) or, in the case of pole beans, up a bean teepee.

## How to Make the Most of Your Garden Space and Grow More ...

Here are some no-cost ways to boost yields in your garden. Some will even save you money. Compost everything – First and foremost, if you want to build healthy,

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lively soils, you first have to add food for the soil microbes that inhabit it. That food comes in the form of compost and other organic matter.

## No-Cost Ways To Grow More Food From Your Garden

Preserving your harvest is one of the best ways to maximize returns from your garden. JERRY PAVIA. Drying is an excellent food preservation method, and small batches of dried fruits or veggies ...

40 Gardening Tips to Maximize Your Harvest | MOTHER EARTH NEWS  
Pick your best location and focus on that area first. Too many food plants competing for nutrients and sunlight may actually limit your harvests. Often LESS plants in a space = MORE food if they are healthy and productive, rather than struggling. e.g. One healthy tomato given

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adequate space, nutrients and water can yield more fruit than several lanky tomatoes in poor soil or small pots.

## 10 Tips to Grow More Food in a Small Garden - The Micro ...

Onions. Potatoes. Many people with smaller spaces stick to growing common summer foods, such as lettuce, onions, tomatoes, carrots, and cucumbers. These are easy crops to grow in a variety of ways, including container gardening and raised beds.

## How to Plan a Prolific Family Food Garden (for 2, 4, or More)

Your 25 Favorite Products for Home, Garden, Food, Travel, and More From garden hoses and backpacks to hot sauce and hand cream, these are the items you've bought through us the most. Sunset Staff – August 28, 2020 | Updated

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September 10, 2020

## Gardens

Your 25 Favorite Products for Home,  
Garden, Food, Travel ...

Manure can provide a whole host of nutrients to your garden, but the most well-known nutrient it can add is nitrogen.

Many manures, such as cow manure, contain beneficial bacteria that can help convert nutrients into more easily accessible forms so that they can be accessed by your plants without burning their roots.

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